

Cadillac



Wrestling

How do we sign-up?

The sign-up form is on the back of this paper. But we **strongly prefer** that you sign-up and pay online at www.cadillacwrestling.com.

Eligibility

Wrestlers must either attend CAPS schools, live in the district, or get permission from the CWC board.

Equipment

Wrestlers will need shoes and youth or adult headgear (depending on size) before the first meet. These can be bought at sporting goods stores or online. Clean socks can be worn at practice until shoes are obtained. Wrestlers practice in shorts and a t-shirt. We will be issuing uniforms for wrestlers to wear at meets only. Failure to return a uniform will result in a charge. All wrestlers receive a warm-up shirt that they will keep.

2021 Season Information

Novice Season— (Ages 5-12) This season is recommended for wrestlers who want to learn the basics before trying a longer and more competitive season. The club fee is \$30. Wrestlers pay \$5-10 per meet. Wrestlers compete in 3-4 weekend meets usually within 30 minutes of Cadillac. Practices will begin on February 8th. The season will wrap up around spring break. Practices will be on Tuesdays and Wednesdays from 6-7:15 in the Mackinaw Trail Middle School Cafeteria.

Competitive Season— (Ages 7-14) This season is recommended for experienced wrestlers or new wrestlers who are already aggressive and whose parents are willing to travel. The club fee is \$50. Wrestlers pay \$11 per meet. Wrestlers compete in 8-12 meets. Meets are usually within 75 miles of Cadillac. Practices will begin on December 6th. The season will wrap up around spring break. Practices will be on Mondays and Thursdays from 6-7:30 in the Mackinaw Trail Middle School Cafeteria.

Middle School Club— This season is recommended for all 6-8th grade wrestlers regardless of skill level. The club fee is \$50. There are no other costs. Practices will begin on January 24th. The season will wrap up around spring break. Practice time will be from 3-5:15 p.m. Monday through Friday in the Mackinaw Trail Middle School cafeteria. Wrestlers compete in weekday meets and 3-4 weekend meets. Middle School wrestlers can compete in the competitive season until Middle School starts and then two meets during the middle school season.

Notes: Age for season is age on December 31st, 2021. Parents must transport kids to meets for **all seasons** and must supervise kids at meets if they are below middle school age. The fee for additional children beyond the first is reduced to \$30. Refunds will be given up until the point of the 1st competition if requested.

Covid-19 Protocols: We will follow all health department guidelines as well as align closely with MHSAA protocol. We ask that you not send a wrestler to practice or meets that has any Covid-19 symptoms.

Cadillac Wrestling Club Sign-Up Form

Use this form if you cannot register and pay online at www.cadillacwrestling.com

Wrestler's Name: _____

Weight: _____

Age as of 12/31/2021: _____

Birthdate: _____

School & Grade: _____

T-shirt Size: _____

Parent #1 Name: _____ #2 _____

Parent #1 Phone Number : _____ #2 _____

Parent #1 Email Address: _____ #2 _____

Mailing Address: _____

_____ Competitive Season (\$50)

_____ Novice Season Only (\$30)

_____ Competitive & Middle School (\$50)

_____ Middle School Season Only (\$50)

****Additional kids any season is \$30**

*We prefer to have received your sign-up form at least one week prior to the start of the season.

We are in need of help with coaching, fundraising, home meet workers, and serving on our board. Also, we are looking for businesses to sponsor for as little as \$50. If you can help, please tell us how below:

My child has recently been seen by a physician and is healthy enough to participate in rigorous physical activity. I will hold harmless the Cadillac Area Public Schools, Cadillac Wrestling Club, and the Northeast Michigan Wrestling Association and its coaches, employees, or members from any injuries or accidents that occur as a result of participating in wrestling.

Parent Signature

Date

If not registering online, make payment out to **Cadillac Wrestling Club**, put wrestler's name in the memo, and mail it to Cadillac Wrestling Club PO Box .582 Cadillac, MI 49601.

For questions, call/text Chad Philips at 231-846-1482 or Wayne Downing at 231-878-0017. You can also email us at cadillacwrestlingclub@gmail.com.